

First Grade Social Emotional Behavioral (SEB)

I can use my words to tell how I feel.

1. I can be in charge of my own feelings.
2. I can tell how other people are feeling by looking at their faces.
3. I can show that I care for others.
4. I can talk about what it means to be a friend to others.
5. I can talk about why it is important to show respect.
- 7a. I can explain what a conflict is.
- 7b. I can explain that everybody has conflicts and that they are just a part of life.
- 8a. I can talk about how I handle a conflict can make it better or worse.
- 8b. I can solve a conflict peacefully.
- 9a. I can explain how put-downs hurt people.
- 9b. I can talk about the things I like about me.
- 10a. I can tell when it is time to get help from an adult.
- 10b. I can get help from an adult to help me solve problems.
11. I can explain what a bully is.
12. I can help slow down bullying and put-downs at school.

