




**Boys & Girls Club & Kid's On Course
Breakfast & Lunch Summer Menu
2017 June – July - August
Cedar Rapids Community School District**

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|--|---------------|---------------|--|--|
| <p>Menu Item May Contain:</p> <p>Pork </p> <p>Peanut/Tree Nut  Cereal: Honey Nut Cheerios</p> <p>Fish/Shellfish </p> <p>Ingredients & menu items are subject to change or substitution. Please consult a medical professional for assistance in planning for or treating medical conditions. List may not be all inclusive.</p> | | | <p align="center">June 1</p> <p align="center">School In Session</p> | <p align="center">June 2</p> <p align="center">School In Session</p> |
| Cycle Week 1 | | | | |
| June 5 | June 6 | June 7 | June 8 | June 9 |
| <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p align="center">No Boys & Girls Club or Kid's On Course Programming</p> </div> | | | | |
| | | | | |

Cycle Week 2

| June 12 | June 13 | June 14 | June 15 | June 16 |
|--|---|---|---|---|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Fruit Parfait w/ Granola Tater Tots Cinnamon Apples Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Rib-B-Q on a Bun French Fries Fruit Slushie Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Turkey Sub Fresh Cauliflower Grapes Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Beef Teriyaki Dippers Buttered Parmesan Noodles Peas Mandarin Oranges Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Walking Taco w/ Salsa Corn Peaches Milk</p> |

Cycle Week 3

| June 19 | June 20 | June 21 | June 22 | June 23 |
|--|---|--|---|--|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Cheeseburger on a Bun Baked Beans Fresh Fruit Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Spaghetti & Meatballs Breadstick Broccoli Fruit Slushie Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Turkey Wrap Baby Carrots Applesauce Cups Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Scrambled Eggs & French Toast Sticks Tater Tots Cinnamon Apples Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Mini Corn Dogs Mixed Vegetables Pineapple Milk</p> |

Cycle Week 4

| June 26 | June 27 | June 28 | June 29 | June 30 |
|---|--|---|--|--|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Chicken Patty on a Bun Mashed Potatoes & Gravy Peaches Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Italian Dunkers w/ Meat Sauce Broccoli Pears Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Sub Sandwich Fresh Cucumber Strawberry Cups Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Hot Dog on a Bun Peas Apples Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Chicken Tender Wrap Corn Mandarin Oranges Milk</p> |

Cycle Week 1

| July 3 | July 4 | July 5 | July 6 | July 7 |
|----------------|----------------|--|--|--|
| Holiday | Holiday | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Ham & Cheese Sandwich Fresh Celery Orange Smiles Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Loco Chicken Fajita Mixed Vegetables Pears Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Creamy Mac & Cheese Peas Mandarin Oranges Milk</p> |

Cycle Week 2

| July 10 | July 11 | July 12 | July 13 | July 14 |
|--|---|---|---|---|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Fruit Parfait w/ Granola Tater Tots Cinnamon Apples Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Rib-B-Q on a Bun French Fries Fruit Slushie Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Turkey Sub Fresh Cauliflower Grapes Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Beef Teriyaki Dippers Buttered Parmesan Noodles Peas Mandarin Oranges Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Walking Taco w/ Salsa Corn Peaches Milk</p> |

Cycle Week 3

| July 17 | July 18 | July 19 | July 20 | July 21 |
|--|---|--|---|--|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Cheeseburger on a Bun Baked Beans Fresh Fruit Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Spaghetti & Meatballs Breadstick Broccoli Fruit Slushie Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Turkey Wrap Baby Carrots Applesauce Cups Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Scrambled Eggs & French Toast Sticks Tater Tots Cinnamon Apples Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Mini Corn Dogs Mixed Vegetables Pineapple Milk</p> |

Cycle Week 4

| July 24 | July 25 | July 26 | July 27 | July 28 |
|---|--|---|--|--|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Chicken Patty on a Bun Mashed Potatoes & Gravy Peaches Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Italian Dunkers w/ Meat Sauce Broccoli Pears Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Sub Sandwich Fresh Cucumber Strawberry Cups Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Hot Dog on a Bun Peas Apples Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Chicken Tender Wrap Corn Mandarin Oranges Milk</p> |

Cycle Week 1

| July 31 | August 1 | August 2 | August 3 | August 4 |
|---|---|--|--|--|
| <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Beef & Cheese Deli Green Beans Fruit Slushie Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Soft Shell Tacos w/ Salsa Refried Beans 🐷 Pineapple Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers 100% Fruit Juice Milk</p> <p><u>Lunch</u> Ham & Cheese Sandwich Fresh Celery Orange Smiles Milk</p> | <p><u>Breakfast</u> Yogurt Muffin Fruit Milk</p> <p><u>Lunch</u> Loco Chicken Fajita Mixed Vegetables Pears Milk</p> | <p><u>Breakfast</u> Cereal Graham Crackers Fruit Milk</p> <p><u>Lunch</u> Creamy Mac & Cheese Peas Mandarin Oranges Milk</p> |

Cycle Week 2

August 7

August 8

August 9

August 10

August 11

No Boys & Girls Club or Kid's On Course Programming

Cycle Week 3

August 14

August 15

August 16

August 17

August 18

No Boys & Girls Club or Kid's On Course Programming

| August 21 | August 22 | August 23 | August 24 | August 25 |
|-----------|-----------|------------------------------------|-----------|-----------|
| | | First Day of School | | |
| August 28 | August 29 | August 30 | August 31 | |
| | | | | |