

Dear Parent/Guardian:



**Welcome to the Cedar Rapids Community Preschool Program!**

We would like to introduce you to our Health Services Department and share information about the health-related requirements for attendance.

Each school has an assigned School Nurse and a Health Secretary who is available during the school day to care for your student. The Health Secretary is trained in First Aid, CPR and medication administration.

- **The following items are required for attendance and need to be completed and returned to your child's school:**
  - **CERTIFICATE OF IMMUNIZATION** - State law requires evidence of up to date immunizations (or state authorized exemption) prior to entrance into preschool.
  - **HEALTH STATUS FORM** – It is required that you have written record of a physical examination, signed and dated by your health care provider prior to entrance into preschool.
  - **HACAP CHILD SERVICES CONSENT FORM** - This form is consent for HACAP to provide hearing screenings to all preschool students during the school year.
  - **DENTAL SCREENING CERTIFICATE** - While this form is not required, we strongly recommend that your child have a dental examination prior to entering preschool.
  - **VISION SCREENING CERTIFICATE** - While this form is not required, we strongly recommend that your child have a vision examination prior to entering preschool.
  
- **Immunizations can be received at:**
  - Your health care provider's office
  - Linn County Health Department (319-892-6095)
  - Metro Care Connection (319-558-2481)
  
- **Physical Exams can be completed at:**
  - Your health care provider's office
  - Community Health Free Clinic (319-393-0416) Free medical clinic.
  - Metro Care Connection (319-558-2481) School Based health clinics.
  - Eastern Iowa Health Center (319-730-7300) Sliding scale fees.
  
- We recognize that your child's level of health may influence his/her ability to learn. If your child has a specific health condition or need please contact us, a health plan may be developed for school. For example:
  - Asthma
  - Diabetes
  - Seizures
  - Anaphylactic or Allergic reaction/use of an Epi-pen
  - Sickle cell anemia
  - Mental health issues
  
- Medications at school:
  - The parent/guardian must complete and sign a medication permission form, available from the health office or on the Cedar Rapids Community School District website, before medication can be administered at school.
  - Prescription medications must be in the pharmacy bottle with the most current pharmacy label with the student's name, the doctor, the medication and dose clearly indicated.
  - Over the counter medications must have a legal prescriber's order/signature before they can be given at school. (This includes cough drops, Tylenol, Advil etc.). A district medication permission form or a legal prescriber's prescription can also be completed and faxed to the health office by your health care provider.

The School Nurse and the Health Secretary are here to assist you and your student as needed. Please feel free to contact them with any questions or concerns. We look forward to working with you and your child. More information is available on the district website: <http://www.cr.k12.ia.us/departments-services/school-health-services/>