

A Minimum of 1/2c of fruit or vegetable is required for a reimbursable



**September 2017  
High School Lunch Menu**

Daily Milk offered includes choice of 1%, Skim or Skim Chocolate.

All meals include milk, fruit, vegetable, grain, meat/meat alternative

				<b>September 1</b> <b>Featured Menu</b> Sweet Spicy Chicken Flatbread Veg Option: Mixed Vegetables
<b>September 4</b> <b>No School</b>	<b>September 5</b> <b>Featured Menu</b> Taco Pizza Veg Option: Corn	<b>September 6</b> <b>Featured Menu</b> Lasagna Roll Up w/ Garlic Toast Veg Option: Mixed Vegetables	<b>September 7</b> <b>Featured Menu</b> Breakfast Croissant Veg Option: Tri-Taters	<b>September 8</b> <b>Featured Menu</b> Chicken Nuggets w/ Hot Roll Veg Option: Baked Beans
<b>September 11</b> <b>Featured Menu</b> Ham & Cheese Toastie Veg Option: Sweet Potato Fries	<b>September 12</b> <b>Featured Menu</b> Chicken Crisпитos w/ Cheese Sauce Veg Option: Corn	<b>September 13</b> <b>Featured Menu</b> Pizza Crunchers Veg Option: Green Beans	<b>September 14</b> <b>Featured Menu</b> Chicken Fajitas w/ Spanish Rice Veg Option: Refried Beans	<b>September 15</b> <b>Featured Menu</b> Stuffed Cheese Sticks & Marinara Veg Option: Mixed Vegetables
<b>September 18</b> <b>Featured Menu</b> Turkey O'Toole Veg Option: Steak Fries	<b>September 19</b> <b>Featured Menu</b> Soft Shell Tacos Veg Option: Refried Beans	<b>September 20</b> <b>Featured Menu</b> Creamy Mac & Cheese w/ Breadstick Veg Option: Mixed Vegetables	<b>September 21</b> <b>Featured Menu</b> Italian Dunkers w/ Meat Sauce Veg Option: Peas	<b>September 22</b> <b>Featured Menu</b> Spicy Chicken Wrap Veg Option: Sweet Potato Fries
<b>September 25</b> <b>Featured Menu</b> Chicken Tender Wrap Veg Option: Corn	<b>September 26</b> <b>Featured Menu</b> Beef & Cheese Nachos w/ Tortilla Chips & Salsa Veg Option: Refried Beans	<b>September 27</b> <b>Featured Menu</b> Pepper Jack Beef Deli Veg Option: Mashed Potatoes & gravy	<b>September 28</b> <b>Featured Menu</b> Spaghetti & Meatballs w/ Breadstick Veg Option: Mixed Vegetables	<b>September 29</b> <b>Featured Menu</b> Sweet Spicy Chicken Flatbread Veg Option: Sweet Potato Fries

**Various Fruit and Vegetable Sides Offered Daily**

Select up to 2 different 1/2c servings of fruit and of vegetables

Side Salad • Fresh Fruit • Featured Hot Veggie • Whole Fruit • Mixed Veggies • Mixed Fruit • Fresh Vegetables

<b>Monday Alternate</b>	<b>Tuesday Alternate</b>	<b>Wednesday Alternate</b>	<b>Thursday Alternate</b>	<b>Friday Alternate</b>
Burger Basket Fruit Parfait Pick 2 Chef Salad w/ Hot Roll Pasta Bar Sub Sandwich P Pizza Wedge	Chicken Patty On Bun Fruit Parfait Pick 2 Chef Salad w/ Hot Roll Spud Bowl w/ Biscuit Sub Sandwich P Specialty Pizza	Burger Basket Fruit Parfait Pick 2 Chef Salad w/ Hot Roll Crispy Chicken Sandwich Sub Sandwich Pizza Wedge P	Spicy Chicken Patty on Bun Fruit Parfait Pick 2 Chef Salad w/ Hot Roll Asian Rice Bowl Sub Sandwich Specialty French Bread P w/ Marinara	Fish Wedge Fruit Parfait Pick 2 Chef Salad w/ Hot Roll Walking Taco Sub Sandwich Pizza Wedge P



**Grab'able Alternates Vary By Building:**  
Hot Dog • SB&J Uncrustable • Nacho • Hummus



Menu Item (P May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)

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## October 2017 High School Lunch Menu

Daily Milk offered includes choice of 1%, Skim or Skim Chocolate.

All meals include milk, fruit, vegetable, grain, meat/meat alternative

<b>October 2</b> <b>No School</b>	<b>October 3</b> <b>Featured Menu</b> Taco Pizza Veg Option: Corn	<b>October 4</b> <b>Featured Menu</b> Lasagna Roll Up w/ Garlic Toast Veg Option: Sweet Potato Fries	<b>October 5</b> <b>Featured Menu</b> Breakfast Croissant Veg Option: Tri-Taters	<b>October 6</b> <b>Featured Menu</b> Chicken Nuggets w/ Hot Roll Veg Option: Baked Beans
<b>October 9</b> <b>Featured Menu</b> Ham & Cheese Toastie Veg Option: Sweet Potato Fries	<b>October 10</b> <b>Featured Menu</b> Chicken Crisпитos w/ Cheese Sauce Veg Option: Corn	<b>October 11</b> <b>Featured Menu</b> Pizza Crunchers Veg Option: Green Beans	<b>October 12</b> <b>Featured Menu</b> Chicken Fajitas w/ Spanish Rice Veg Option: Refried Beans	<b>October 13</b> <b>Featured Menu</b> Stuffed Cheese Sticks & Marinara Veg Option: Mixed Vegetables
<b>October 16</b> <b>Featured Menu</b> Turkey O'Toole Veg Option: Steak Fries	<b>October 17</b> <b>Featured Menu</b> Soft Shell Tacos Veg Option: Refried Beans	<b>October 18</b> <b>Featured Menu</b> Creamy Mac & Cheese w/ Breadstick Veg Option: Mixed Vegetables	<b>October 19</b> <b>Featured Menu</b> Italian Dunkers w/ Meat Sauce Veg Option: Peas	<b>October 20</b> <b>Featured Menu</b> Spicy Chicken Wrap Veg Option: Sweet Potato Fries
<b>October 23</b> <b>Featured Menu</b> Chicken Tender Wrap Veg Option: Corn	<b>October 24</b> <b>Featured Menu</b> Beef & Cheese Nachos w/ Tortilla Chips & Salsa Veg Option: Refried Beans	<b>October 25</b> <b>Featured Menu</b> Pepper Jack Beef Deli Veg Option: Mashed Potatoes & gravy	<b>October 26</b> <b>Featured Menu</b> Spaghetti & Meatballs w/ Breadstick Veg Option: Mixed Vegetables	<b>October 27</b> <b>Featured Menu</b> Sweet Spicy Chicken Flatbread Veg Option: Sweet Potato Fries
<b>October 30</b> <b>No School</b>	<b>October 31</b> <b>Featured Menu</b> Taco Pizza Veg Option: Corn			

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Side Salad • Fresh Fruit • Featured Hot Veggie • Whole Fruit • Mixed Veggies • Mixed Fruit • Fresh Vegetables

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