

CEDAR RAPIDS COMMUNITY SCHOOL DISTRICT

GUIDELINES FOR PREVENTION OF EXPOSURE TO BLOODBORNE DISEASE

In the school setting blood borne diseases like Hepatitis A, Hepatitis B, Hepatitis C and HIV, which causes AIDS, could be transmitted if the blood of an infected person were to enter the bloodstream of another person. Cedar Rapids Schools' employees can protect themselves from exposure to communicable disease by following Universal Precautions and using safe work practices.

USE UNIVERSAL PRECAUTIONS

Consider **all** blood and other body fluids containing blood to be potentially infectious. Protect your skin and mucous membranes from contact with these fluids. "If it's not yours don't touch it!"



USE PROTECTIVE BARRIERS - Help the injured person to care for himself

Always put a barrier between you and the blood or body fluids of others. Wear latex or vinyl gloves. Use a thick layer of cloth, paper towels, or the injured person's own hand to apply pressure to a wound. Wear protective eyewear, masks or gowns to guard against splashes. Protective equipment can be found in the school health office.

WASH HANDS

Use soap and water after contact with blood or other body fluids and after removing gloves or other barriers. Use antimicrobial hand cleaner or towelettes if soap and water are not available. Washing your hands is the single, most important thing you can do to protect yourself!



FOLLOW PROPER CLEANING PROCEDURES

Spills of blood and other body fluids should be cleaned up immediately, using an EPA approved disinfectant and while wearing gloves. Refer to CRCSD Exposure Control Plan for proper procedures. Copies are located in the health office of each school building.

DISPOSE OF WASTE

Place contaminated supplies including gloves and other barriers in plastic bags and seal before disposing in trash. Use red plastic bags or biohazard labels to identify any blood-soaked items that are saturated and could leak.

DISPOSE OF SOILED LAUNDRY

Handle blood-contaminated laundry carefully, wearing gloves. Transport laundry sealed in leak-proof bags.

DISPOSE OF SHARPS /NEEDLES

Sharps disposal containers should be located in each building where needed, i.e. health office, restroom, etc. All used needles or other sharps should always be discarded immediately after use in these designated sharps containers.



EXPOSURE PROCEDURE

Anytime the blood or body fluid (with visible blood) from another person comes in contact with your skin, eyes, nose or mouth or you are bitten by another person do the following:

1. Immediately: cleanse the exposed area for 15 minutes
 - flush mucous membranes with water
 - wash skin thoroughly with soap and water
2. Notify the school nurse
3. Notify the building administrator or immediate supervisor
4. In consultation with the school nurse complete exposure incident reports, proceed to Mercy Occupational Health with appropriate completed forms.