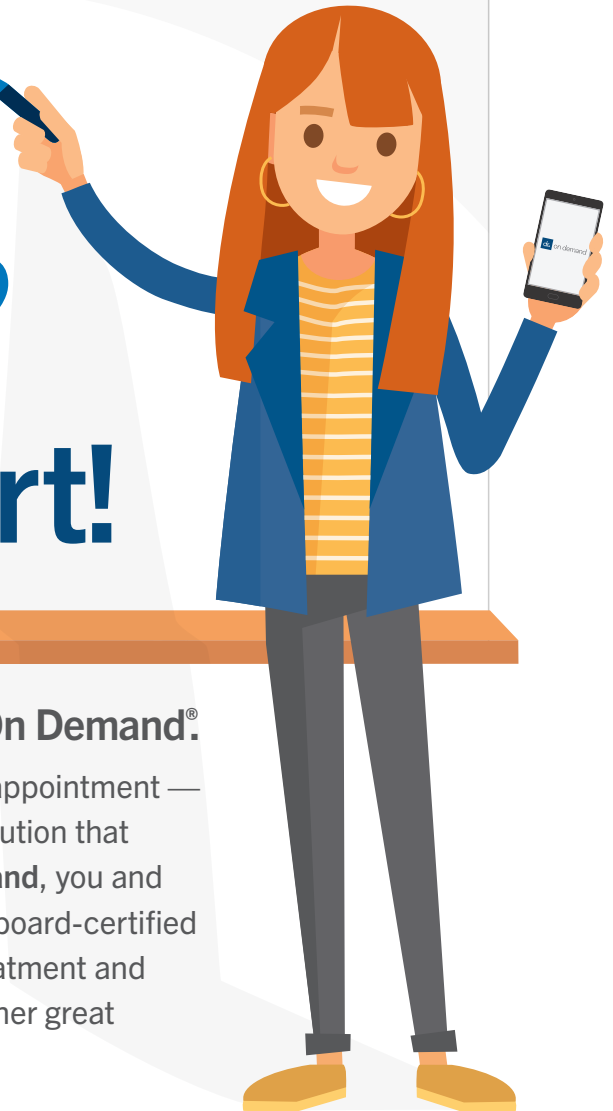


FREE CARE ANYWHERE?

Now that's smart!



Get \$0 doctor visits when you register for Doctor On Demand®.

When you're sick or hurt, it's not always easy to get to a doctor's appointment — and no one likes to pay for care. Fortunately, you have a smart solution that comes with your employee health benefits. With **Doctor On Demand**, you and your covered family members can have **no-cost video visits** with board-certified physicians from your smartphone, tablet or computer and get treatment and prescriptions for common illnesses and injuries — 24/7*. It's another great benefit from Wellmark® Blue Cross® and Blue Shield®.



\$0 doctor visits



Be seen in minutes



At home or on the go



Available 24/7*

 on demand



REGISTER TODAY!
DoctorOnDemand.com

- + Colds and flus
- + Seasonal allergies
- + UTIs
- + Stomach problems
- + Headaches
- + Anxiety
- + Depression
- + And more!

*For prescriptions, member cost share applies. Doctor On Demand physicians do not prescribe Scheduled I-IV DEA Controlled Substances and may elect not to treat or prescribe other medications based on what is clinically appropriate. During times of high overnight call volume, patients may be directed to make a scheduled appointment with a Doctor On Demand physician for the following morning.

\$0 VIDEO VISITS WITH A DOCTOR

from your smartphone or tablet.

Easy, no-cost care from
Doctor on Demand is perfect for:

- Days when your schedule is tight
- Parents of young children
- Kids away at college
- Adult caregivers
- Traveling
- Rural locations
- Bad weather/
road conditions

**“I used Doctor on Demand
this morning ... How slick!!!”**

“After I got the app set up, it took 5 minutes. I did it right in my office on a break. So much easier than driving to an office and paying a copay! I might use it tonight with my son who is struggling with some allergy-related skin issues. Also, I didn’t realize they have free counseling, too! That’s a great mental health benefit for folks who may be self-conscious about going to an office.”

- MIIP plan member

Register today and get the free app!

DoctorOnDemand.com

TIP: Download the app to all of your family’s smartphones and tablets — so care is always in reach.



Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).

Wellmark Blue Cross and Blue Shield of Iowa is an Independent Licensee of the Blue Cross and Blue Shield Association. Blue Cross®, Blue Shield® and the Cross and Shield symbols are registered marks of the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans. Wellmark® is a registered mark of Wellmark, Inc. Doctor On Demand is a separate company providing an online telehealth solution for Wellmark members. Doctor On Demand® is a registered mark of Doctor On Demand, Inc.