

Snacks – Nutritional Guidelines

It is the responsibility of each building to ensure all snacks meet District Nutritional Guidelines for foods and beverages, including vending, a la carte, school stores, celebrations and fundraisers. This applies to all foods offered, made available or sold during the school day, defined as the period from midnight before, to 30 minutes after the end of the school day.

Each building shall do the following:

- All foods offered in school must meet guidelines; either selected from healthy snack lists or determined to meet guidelines using SMART Snack calculator.
- Daily snacks in the classroom or those provided for brain-based learning activities are optional (allowed); implementation determined at the discretion of individual building teams.
- If food is brought from home to be shared, it must be prepackaged and prepared by vendor with the exception of fruits and vegetables.
- Foods provided that do not meet guidelines will not be served and will be returned to provider.
- Recognize that provision of a snack is meant to fuel the student's body and provides opportunity for engaging in nutrition education and promotion.

Approved: 05-11-15